



Sample Daily Schedule

Students spend the week immersed in artistic experiences on the serene campus of Concordia University Irvine. Guest artists and performers join us on Concordia’s campus for special workshops and performances, tailored especially for the arts-X-press community and we spend at least one of our evenings venturing off-campus to see productions from local arts partners. Throughout the course of the week, our senior staff and counselors guide students through a variety of arts workshops and group activities designed to encourage collaboration, creative expression and community building.

Students arrive on Sunday evening before dinner and depart the following Friday before lunch. The arts-X-press experience will culminate in Final Sharing, a special presentation that showcases what students have accomplished during their time at arts-X-press.

The arts-X-press schedule varies by day and is jam packed full of exploration, group activities and, of course, the arts!

Here’s what you can expect on a typical arts-X-press day:

7:30am	Wakeup, health screen
8:00am	Breakfast
8:40am	Arts Workshop 1
10:50am	Creative Expression Workshop
12:10pm	Lunch
1:00pm	Arts Workshop 2
3:00pm	Free Time
4:00pm	Group Activity
6:00pm	Dinner
7:00pm	Performance
8:30pm	Pod Time
10:00pm	Lights out